

Illness Policy
South Portland Church of the Nazarene
Lighthouse School & Child Care

- All children and teachers will be checked for temperature prior to entering the daycare wing of the building. Any child or teacher who has a temperature of 100.0 degrees will not be able to attend the following day and are fever free without fever reducing medication in their system for 24 hours.
- Our illness policy will be adjusted to include symptoms of COVID-19. A child exhibiting the following symptoms will need to be excluded or picked up.
 - Shortness of breath
 - Sore throat
 - Cough
 - Fever of 100.0 degrees

The following are the CDC recommendations as they stand today regarding how to respond should these scenarios occur. Please understand that this is an evolving list of recommendations and we would follow the most up-to-date guidance at the time of any occurrence.

- If a child or staff member is being tested for suspected COVID-19 infection, the child or staff will be excluded from programming until results return.
 - If the test result is positive - both parents and staff would be notified and anyone who had direct contact would be instructed to be tested and/or quarantine for 10 days.
 - If direct contacts become symptomatic, they must be tested and quarantine for 10 days following a 24 hour symptom free period.
 - If the test result is negative - child or staff member can return to the center with proper documentation of a negative result.
- If there is a child or staff member who tests positive for COVID-19, the center would undergo a thorough cleaning and anyone who had direct contact with that person would be required to quarantine for 10 days. A temporary closure of the center may be required depending on the CDC recommendation at the time of notification.
- If a child or staff member has come into contact with a person outside of the center who has tested positive with the virus, we request notification, as well as, quarantine for 10 days. If symptoms develop, a test is necessary, as well as, a 10 day quarantine following a 24 hour symptom free period.
- CDC travel restrictions remain in effect as they update continually. We will follow the current state of Maine travel advisories.